



Meadows ~ DECEMBER 2017



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>Mary Messura, Life Enrichment Director 585-720-9330 HAPPY HOUR MONDAY— SATURDAY 3:30-4:00 PM IN THE GALLERY</p>	<p>KEY: G-Gallery L-Lobby DR-Dining Room SR-Serenity Room CY-Courtyard FP-Front Porch PW- PEREGRINE WAY</p> 	<p>CRIMSON RIDGE MEADOWS All activities subject to change and will be updated in the WEEKLY calendar. Note: Morning & Evening Walks are an independent activity.</p>	<p>HAPPY BIRTHDAY GLADYS SCHROEDER 24TH SHELIA DONOFRIO 30TH</p> 		<p>1 9:30 Morning Walks 10:00 EXERCISE G PW 10:30 SPIRITUAL READING G 11:00 TREE DECORATING IN THE GALLERY 2:00 TREE DECORATING IN THE LOBBY 3:30 HAPPY HOUR G 6:00 Evening Strolls 7:00 Wheel of Fortune TV Rm.</p> 	<p>2 9:30 Morning Walks 10:00 EXERCISE G 11:00 Recitation of the Rosary PW G 2:00 PIANO RECITAL G 3:30 HAPPY HOUR G 6:00 Evening Strolls 7:00 Lawrence Welk TV Rm</p> 
<p>3 7:30 Catholic Mass Ch. 10 10:00 Morning Walks 2:30 Sunday Snacks L 6:00 Church Service w/ Volunteers PW G</p> 	<p>4 9:00 Morning Walks 9:30 Peregrine Univ CHORUS w/ Hochstein -PW G 11:00 Chair Dancing G PW 11:30 SPIRITUAL READING G 1:30 BINGO G 2:30 Snack Social L 3:30 HAPPY HOUR G</p>	<p>5 <i>Country Store 9:45-11:45</i> 9:00 Morning Walks 9:30 EXERCISE G 10:00 HYMNS & PRAYERS W/ HOPE G 11:00 COMMUNION W/ MOS G 2:30 XMAS MUSIC W/ BOB N G BOB 3:00 MESSAGE THERAPY G 3:30 HAPPY HOUR G 6:00 Evening Strolls</p>	<p>6 Beauty Shop Day 9:00 Morning Walks 9:30-10:30 Gentle Exercise & Yoga w/ Addison PW - G 11:00 LUNCH AT CRITICS G 3:30 HAPPY HOUR G 6:00 FAMILY CHRISTMAS PARTY with SANTA & DANIEL HENRY G</p>	<p>7 PEARL HARBOR REMEMBRANCE DAY 9:00 Pet Therapy w/ SOPHIE PW 9:30 Peregrine University- Chimes Choir w/ Hochstein School of Music - PW G 10:30 SIT & FIT G 2:00 CRAFT - GINGERBREAD HOUSE G 3:30 HAPPY HOUR G 7:00 WHEEL OF FORTUNE TV RM</p>	<p>8 9:30 Morning Walks 10:00 EXERCISE G PW 10:30 SPIRITUAL READING G 10:30 TRIVIA G 2:00 CAROLING WITH CINDY SUE & BRYAN G 3:30 HAPPY HOUR G 7:00 Wheel of Fortune TV Rm.</p> 	<p>9 9:30 Morning Walks 10:00 Fitnessize PW G 11:00 Recitation of the Rosary PW G 2:00 MUSIC WITH LARRY BITTERMAN G 3:30 HAPPY HOUR G 6:00 Evening Stroll 7:00 Lawrence Welk TV Rm</p>
<p>10 7:30 Catholic Mass Ch. 10 10:00 Morning Walks 2:30 Sunday Snacks & Social L 6:00 Church Service w/ Volunteers PW G 6:30 Evening Strolls</p>	<p>11 9:00 Morning Walks 9:30 Peregrine Univ CHORUS w/ Hochstein -PW G 11:00 Exercise PW—G 1:30 BINGO G 3:30 HAPPY HOUR G 6:00 Evening Strolls 7:00 Wheel of Fortune TV Rm</p>	<p>12 <i>Country Store 9:45-11:45</i> 9:00 Morning Walks 10:00 EXERCISE G 11:00 COMMUNION W/ MOS PW G 2:00 AROUND THE WORLD WIT H BETH G 3:30 HAPPY HOUR G 6:00 Evening Strolls 7:00 Wheel of Fortune TV Rm</p>	<p>13 HANUKKAH Beauty Shop Day 9:00 Morning Walks 9:30-10:30 Gentle Exercise & Range of Motion w/ Addison G 2:00 XMAS MUSIC WITH JOHN DADY G 6:00 Evening Strolls 7:00 Wheel of Fortune TV RM</p> 	<p>14 9:00 Pet Therapy w/ SOPHIE PW 9:00 Morning Walks 9:30 Peregrine University- Chimes Choir w/ Hochstein School of Music - PW G 11:00 SONSHINE CHRISTIAN SERVICE G 2:00 CANDY CANE BINGO G 7:00 Wheel of Fortune TV RM</p>	<p>15 9:30 Morning Walks 10:00 EXERCISE G 10:30 DIETARY COUNCIL G 2:00 BE OUR GUEST - PRESENTATION ON PATTY PAGE G 3:30 HAPPY HOUR G 6:00 Evening Strolls 7:00 Wheel of Fortune TV Rm.</p>	<p>16 9:30 Morning Walks 10:00 ART WITH HOCHSTEIN/ VICTORIA G 11:00 Recitation of the Rosary PW G 2:00 THE DR. NICK & GLORIA SHOW G 3:30 HAPPY HOUR G 6:00 Evening Strolls 7:00 Lawrence Welk TV Rm</p>
<p>17 7:30 Catholic Mass Ch. 10 10:00 Morning Walks 2:30 Sunday Snacks & Social L 6:00 Church Service w/ Volunteers PW G</p>	<p>18 9:30 Peregrine Univ CHORUS w/ Hochstein -PW G 11:00 Chair Dancing G PW 1 1:30 BINGO G 3:30 HAPPY HOUR G 7:00 Wheel of Fortune TV Rm</p>	<p>19 <i>Country Store 9:45-11:45</i> 9:00 Morning Walks 10:00 Fitnessize PW G 10:30 SPIRITUAL READING G 11:00 Communion -MOS PW G 2:00 CAROLING WITH FRED VINE G 3:30 HAPPY HOUR G 6:00 Evening Strolls</p>	<p>20 Beauty Shop Day 9:00 Morning Walks 9:30 Gentle Exercise & Range of Motion w/ Addison PW G 12:00 PIZZA PARTY G 2:00 MUSIC WITH KAREN LABELLA G 3:30 HAPPY HOUR G 7:00 Wheel of Fortune TV RM</p>	<p>21 WINTER BEGINS 9:00 Morning Walks 9:30 Pet Therapy with Sophie G of Music - PW G 11:00 Exercise PW -G 11:30 LET'S TALK!! G 2:00 CHRISTMAS MUSIC WITH ERNINE CAPONEG 3:30 HAPPY HOUR G 7:00 WHEEL OF FORTUNE TV RM</p>	<p>22 9:30 Morning Walks 10:00 EXERCISE G 10:30 DIETARY COUNCIL G 1:30 HOLIDAY MOVIE G 3:30 HAPPY HOUR G 6:00 Evening Strolls 7:00 Wheel of Fortune TV Rm.</p>	<p>23 9:30 Morning Walks 10:00 EXERCISE G 10:30 "Twas the Night Before Christmas" G 11:00 Recitation of the Rosary PW G 2:00 XMAS MUSIC WITH STANDARD TIME 6:00 Evening Strolls 7:00 Lawrence Welk TV Rm</p> 
<p>24/31 Christmas Eve 7:30 Catholic Mass Ch. 10 10:00 Morning Walks 2:30 Sunday Snacks & Social L 6:00 Church Service w/ Volunteers PW G</p> 	<p>25  MERRY CHRISTMAS 12:00 CHRISTMAS DINNER 6:00 Evenging Strolls 7:00 Wheel of Fortune TV Rm</p>	<p>26 <i>Country Store 9:45-11:45</i> 9:00 Morning Walks 10:00 Fitnessize PW G 10:30 SPIRITUAL READING G 11:00 COMMUNION—MOS G 1:30 BINGO G 3:30 HAPPY HOUR G 6:00 Evening Strolls 7:00 Wheel of Fortune TV RM</p>	<p>27 Beauty Shop Day 9:00 Morning Walks 9:30 Gentle Exercise & Range of Motion w/ Addison PW G 2:00 LEFT, RIGHT, CENTER G 3:30 HAPPY HOUR G 7:00 Wheel of Fortune TV RM</p>	<p>28 9:00 Morning Walks 9:30 Peregrine University- Chimes Choir w/ Hochstein School of Music - PW G 11:00 Exercise PW -G 11:30 LET'S TALK G 2:00 BIRTHDAY SOCIAL G 3:30 HAPPY HOUR G 7:00 WHEEL OF FORTUNE TV RM</p>	<p>29 9:30 Morning Walks 10:00 EXERCISE G 10:30 LETS REMINISCE G 2:00 NEW YEARS EVE HANGMAN G 3:15 NEW YEARS HAPPY HOUR G 6:00 Evening Strolls 7:00 Wheel of Fortune TV Rm.</p>	<p>30 9:30 Morning Walks 10:00 EXERCISE G 11:00 Recitation of the Rosary PW G 2:00 SATURDAY MUSIC WITH GARY MURPHREE G 3:30 HAPPY HOUR G 6:00 Evening Strolls 7:00 Lawrence Welk TV Rm</p>