



Sunday	Monday	Tuesday	Wednesday	Thursday		
					Lunch- Fillet of fish with lemon butter Rice pilaf, Buttered cauliflower Icecream Dinner- Chicken Cacciatore Mashed potatoes, mixed vegetables blueberry coffee cake	Lunch- Roast beef Au Jus garlic mashed potatoes & peas Bread pudding w/ vanilla sauce Dinner- Ham salad Sandwich Potato chips & pickle spear Dutch apple pie
3		5	6	7	8	9
Breakfast- Pancakes with fruit breakfast hot Lunch- Dinner- southern fried chicken baked sweet potato bread or roll optional Pecan pie	Breakfast- Waffles Breakfast meat of choice Hot or cold cereal and fresh fruit Special- Chinese lunch Sweet and sour pork & fried rice skillet green beans and eggroll Lemon cake Dinner- Mushroom swiss burger french fries chocolate pudding	Breakfast- Waffles Breakfast meat of choice Hot or cold cereal and fresh fruit Special- Chinese lunch Sweet and sour pork & fried rice skillet green beans and eggroll Lemon cake Dinner- Mushroom swiss burger french fries chocolate pudding	Breakfast-Breakfast sandwich Breakfast meat of choice Hot or cold cereal and fresh fruit Lunch-Honey dijon chicken Lyonnaise potatoes Seasoned brussel sprouts Caramel cheesecake Dinner - Turkey pot pie Mixed salad w/tarragon dressing Citrus Angel food cake	Breakfast-Country style scrambled eggs Breakfast meat of choice Hot or cold cereal and fresh fruit Lunch-Paprika Baked Turkey breast Glazed acorn squash california blend vegetables Brownie Dinner- Vegetable quesadilla Seasoned broccoli florets Jello	Breakfast-Cinnamon French toast Breakfast meat of choice Hot or cold cereal and fresh fruit Lunch-Seafood newburg Steamed white rice chefs choice vegetable Ambrosia Dinner- Turkey wrap Potato chips Peach pie	Breakfast- Fried Egg Biscuit and sausage gravy Hot or cold cereal & fruit Lunch-Beef tips & mushrooms over parslied Egg noodles roasted root vegetables Key lime pie Dinner- Pepperoni pizza Fresh spinach salad Ice cream sandwich
10	11	12	13	14	15	16
Breakfast- Pancakes Breakfast meat of choice Hot or cold cereal and fruit Lunch- Classic BLT Sandwich Potato chips and pickle spear Peaches Dinner- Prime rib Au jus Baked potato Asparagus with herb butter Coconut cream pie	Breakfast- Scrambled eggs Breakfast meat of choice Hot or cold cereal and fruit Lunch- Baked Rosemary chicken Roasted sweet potatoes Buttered Zucchini Banana spice cake Dinner-Grilled ham steak Au gratin potatoes Savory peas Chocolate chip cookie	Breakfast- Waffles wih fruit topping Breakfast meat of choice Hot or cold cereal and fruit Lunch-Pasta with Italian sausage Tossed salad with choice of dressing Tiramisu French dip Sandwich with Au jus Rotini alfredo creamy cucumber salad Chef's choice dessert	Breakfast-Fried egg and cheese Breakfast meat of choice Hot or cold cereal and fruit Lunch- Roasted Turkey Breast cornbread stuffing, mashed potatoes Carrots Apple crisp Dinner- Sloppy Joe on a bun Tater tots Frosted vanilla cupcakes	Breakfast- Cinamon french toast Breakfast meat of choice Hot or cold cereal and fruit Lunch-Lemon herb chicken Confetti rice Glazed beets chocolate caramel bread Dinner- Grilled cheese and tomato Tomato basil Soup Fruited gelatin	Breakfast-Bacon and cheese omelet Breakfast meat of choice Hot or cold cereal and fruit Lunch- Herb baked flounder Delmonico potatoes Seasoned, steamed broccoli Ice cream Dinner-Chicken and root vegetable stew Peaches and cream	Breakfast-Poached eggs Breakfast meat of choice Hot or cold cereal & fruit Lunch- Stuffed green pepper with sauce Buttermilk mashed potatoes Chocolate cake with frosting Dinner-Philly cheese steak Baked french fries Cherry pie
17	18	19	20	21	22	23
Breakfast-Pumpkin pancakes Breakfast meat of choice Hot or cold cereal and fruit Lunch-Breaded Italian chicken Chicken Parmesean over spaghetti Buttered cauliflower Cherry crisp Dinner-Scalloped potatoes with ham Seasoned brussel sprouts Lemon meringue pie	Breakfast-Potato and veg omelet Breakfast meat of choice Hot or cold cereal and fruit Lunch-Pasta primavera w/ chicken Garlic bread Dinner- Glazed turkey breast Baked sweet potato Green bean casserole Rocky road brownie	Breakfast-Belgian waffle Breakfast meat of choice Hot or cold cereal and fruit Lunch-Smothered pork chop Mashed sweet potatoes Orange spiced carrots Chef's choice dessert Dinner- Bbq beef on a bun Potato wedges, coleslaw German Chocolate cake	Breakfast-Sausage, egg bake Breakfast meat of choice Hot or cold cereal and fruit Lunch- Tuna macaroni casserole buttery peas Oatmeal raisin cookies Dinner- Hearty Chicken Gumbo Seasoned rice, Okra Melon medley	Breakfast-Scrambled Eggs & Cheese Breakfast meat of choice Hot or cold cereal and fruit Lunch- Boiled corned beef with potatoes, cabbage and carrots Yellow cake Dinner- Meatball sub Garden pasta salad Coconut cream pie	Breakfast- Banana french toast Breakfast meat of choice Hot or cold cereal and fruit Lunch- Shrimp fettuccini Alfredo with mushrooms Ambrosia Dinner-Open faced Roast Turkey sandwich with gravy Mashed potatoes, corn medley Banana spice cake	Breakfast- Hard boiled Egg Biscuit with country gravy Hot or cold cereal & fruit Lunch- Citrus Bbq chicken Baked potato Buttered green beans Apple brown betty Dinner- Reuben sandwich Steak fries & pickle Fruit cobbler
23	24	25	26	27	28	
Breakfast- Breakfast meat of choice Hot or cold cereal and fruit Lunch	Breakfast-Pancakes Breakfast meat of choice Hot or cold cereal and fruit Lunch- Spaghetti with meatballs Garlic bread Tossed salad with dressing Frosted white cake Dinner- Polish kielbasa Lazy pierogi spinach sautee' Fruits of the forest pie	Breakfast- Potato and onion omelet Breakfast meat of choice Hot or cold cereal and fruit Lunch- Hungarian goulash bread or roll with butter Tomato cucumber salad Chef's choice dessert Dinner- Baked fish sandwich Steak fries Coleslaw Apple crisp	Breakfast- Waffles with ginger peach topping Breakfast meat of choice Hot or cold cereal and fruit Lunch-Pot roast with wine sauce parslied baby red potatoes carrots, onions and celery Pudding parfait Dinner-Macaroni and cheese stewed tomatoes & dinner roll Double chocolate chip cookie	Breakfast-Eggs O' Brien Breakfast meat of choice Hot or cold cereal and fruit Lunch- Chicken tenders Baked french fries Buttered carrots Fruit crisp Dinner-Baked honey ham Yams, Cornbread stuffing,cranberry sauce, and dinner roll with butter Pumpkin pie with whipped topping	Breakfast-Baked egg casserole Breakfast meat of choice Hot or cold cereal and fruit Lunch-Classic meat loaf & gravy Buttermilk mashed potatoes seasoned corn Lemon meringue pie Dinner-Cheese ravioli with tomato sauce Cucumber salad Chocolate cream pie	

Every Dinner comes with a chef prepared soup Du jour'  
(soup of the day)

Kristina Leidolph  
Dietary Director

**Always Available**  
Hot and cold cereal, yogurt,  
Eggs and toast, pancakes  
Fresh fruit,cottage cheese  
hamburgers, chicken breast,  
Soup, Salad, hot dogs, tuna fish,  
egg salad, deli sandwich,  
grilled cheese.

Menu  
IS SUBJECT  
TO CHANGE  
Changes will be posted.

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