

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

June 2019

Peregrine Senior Living at Clifton Park



10:30 Catholic Mass/CH ² 2:00 Episcopal Church/CH 3:30 Hill Country Cloggers/TS 6:00 Sports & Games/SDR	10:00 Sit & Be Fit/CH ³ 11:00 Gardening/CY 2:00 Dance Party/SDR 3:00 Friendship Concert/BDR 6:00 Discussion & Pet Therapy/BL	10:00 Morning Movement/CH ⁴ 11:00 Moby Dick Story/BL 2:00 Take your Best Guess/BL 3:30 Balloon Volleyball/SDR 6:00 Trivia Night/BL	10:00 Group Exercise/CH ⁵ 11:00 Classical or Broadway Music/SL 2:00 Piano Music with Cole/BDR 3:30 Three Suits Bingo/SDR 6:00 Reminisce & Pet Therapy/BL	10:00 Chair Swimming/CH ⁶ 11:00 Whale Watch/SL 2:00 Piano Music with Beverly/BDR 3:30 Mind Benders/BL 6:00 Music Bingo/BDR	10:00 Waking Up/CH ⁷ 11:00 Drama Club: There She Blows/BL 1:00 Small Group/CH 2:00 Dotty Dandelion Painting/BDR 3:30 June Bingo/BDR 6:00 Sing Along/BL	10:00 Coffee & News/TS ¹ 11:00 Group Exercise/CH 2:00 Creative Arts/BDR 3:30 Pitch & Catch/SDR 6:00 Manicures/SDR
10:30 Catholic Mass/CH ⁹ 2:00 Methodist Church/CH 3:30 You be the Judge/BL 6:00 Sports & Games/SDR	10:00 Stretch & Flex/CH ¹⁰ 11:00 Gardening/CY 2:00 Cooking Club/SDR 3:30 June Bingo/BDR 6:00 Discussion & Pet Therapy/BL	10:00 Stretching/CH ¹¹ 11:00 Hymn Sing/CH 2:00 Whale of a Joke/BL 3:30 California Dreaming with the Beach Boys/SL 6:00 Trivia Night/BL	10:00 Chair Dancing/CH ¹² 11:00 Can you picture this?/SL 2:00 Popsicle Stick Craft/BDR 3:30 Three Suits Bingo/SDR 6:00 Reminisce & Pet Therapy/BL	10:00 Move to the Music/CH ¹³ 11:00 Five Item What Is It?/BL 1:00 Walking Club 2:00 Flag Day Craft/BDR 3:30 Celebrating Flag Day/BL 6:00 Music Bingo/BDR	10:00 Morning Exercise/CH ¹⁴ 11:00 Bible Study/CH 1:30 Flag Day Music with Gary/TS 3:30 June Bingo/BDR 6:00 Patriotic Sing Along/BL	10:00 Coffee & News/TS ¹⁵ 11:00 Father's Day Exercise/CH 2:00 Flag Day Creative Arts & Father's Day Cards/BDR 3:30 Flag Day Puzzles/BL 6:00 Manicures/SDR
10:30 Catholic Mass/CH ¹⁶ 2:00 Father's Day Celebration/BL 3:30 Father's Day Puzzles/BL 6:00 Sports & Games/SDR	10:00 Stretching/CH ¹⁷ 11:00 Gardening/CY 2:00 Dance Party/SDR 3:30 June Bingo/BDR 6:00 Discussion & Pet Therapy/BL	10:00 Sit & Be Fit/CH ¹⁸ 11:00 Bible Study/CH 2:00 Guitar Music with Jeff/SDR 3:30 Resident Council/SL 3:45 Who am I?/SL 6:00 Trivia Night/BL	10:00 Group Exercise/CH ¹⁹ 11:00 Deal or No Deal/BL 12:00 Lunch Outing 2:00 Music with Guytonno/SDR 3:30 Three Suits Bingo/SDR 6:00 Reminisce & Pet Therapy/BL	10:00 Morning Exercise/CH ²⁰ 11:00 Color your own Bookmark/BDR 1:00 Walking Club 2:00 A Whale of a Tale/BL 3:30 Marine Mammal Trivia/SL 6:00 Music Bingo/BDR	10:00 Stretch & Flex/CH ²¹ 11:00 Communicating with Cetaceans/BL 1:00 Small Group/CH 2:00 Exploring Portugal/SL 3:00 Longest Day Event - Petting Zoo/CY 6:00 Sing Along/BL	10:00 Coffee & News/TS ²² 11:00 Group Exercise/CH 2:00 Creative Arts/BDR 3:30 Remembering a Trip to the Aquarium/SL 6:00 Manicures/SDR
10:30 Catholic Mass/CH ²³ 2:00 Methodist Church/CH 3:30 Famous Places/BL 6:00 Sports & Games/SDR	10:00 Move to the Music/CH ²⁴ 11:00 Gardening/CY 2:00 Cooking Club/SDR 3:30 June Bingo/BDR 6:00 Patriotic Program with Stepping Stones/TS	10:00 Group Exercise/CH ²⁵ 11:00 Short Story/SL 2:00 Learning about Narwhal's & Manatee's/BL 3:30 Brain Games/BL 6:00 Trivia Night/BL	10:00 Waking Up/CH ²⁶ 11:00 Fishing Trivia/BL 1:30 Ice Cream Outing 2:00 What am I?/BL 3:30 Three Suits Bingo/SDR 6:00 Reminisce & Pet Therapy/BL	10:00 Stretching/CH ²⁷ 11:00 Prince of Peace/CH 1:00 Walking Club 2:00 Painting Party/BDR 3:30 Jeopardy Trivia/SL 6:00 Music Bingo/BDR	10:00 Sit & Be Fit/CH ²⁸ 11:00 Bible Study/CH 1:00 Small Group/CH 2:00 Twin Pop Door Décor/BDR 3:30 June Bingo/BDR 6:00 Sing Along/BL	10:00 Coffee & News/TS ²⁹ 11:00 Group Exercise/CH 2:00 Creative Arts/BDR 3:30 Star of the Month- Mel Brooks/SL 6:00 Manicures/SDR

10:30 Catholic Mass/CH³⁰
2:00 Afternoon Stroll
3:30 Name Ten/BL
6:00 Sports & Games/SDR

All Activities are led by Activities Staff, Resident care staff, and volunteers. All Activities are subject to change . Please contact Shannon Horan with questions (518) 371-2200. Snack served daily at 10:30am, 3:00pm, and 7:00pm.

BDR- Bayside Dining Room
SDR- Seaside Dining Room
BL- Bayside Living Room
SL- Seaside Living Room
TS- Town Square
CH- Chapel
CY- Courtyard