

Exceptional
Senior Living

Sample Menu



At The Gables of Brighton, we provide a fine dining experience. We serve gourmet and dietician approved, delicious, balanced meals which appeal to the diner's senses and appetite. We offer daily specials or you can order from our diverse menu selections.

Breakfast

Hot and Cold Cereals Choice of Eggs and Hot Breakfast Items
Juice, Milk, Coffee and Tea

Lunch

Soup of the Day
Triple Decker Club Sandwich or
Stuffed Shells with Marinara Sauce
Julienned Carrots
Garlic Bread or Roll with butter
Fresh Fruit Cocktail
Choice Beverage
Dessert Item

Dinner

Salad of the Day
Roasted Turkey Breast w/ Cornbread Stuffing and
Cranberry Sauce or
Shrimp Scampi w/ Angel Hair Pasta and
Italian Blend Vegetables
French Bread with butter
Choice of Beverage
Dessert Item

