

February 2020

Peregrine Pilgrimage

1 Emma Lane, Clifton Park NY 12065 • 518 371 2200



MANAGEMENT TEAM

Executive Director

Heidi Hayes

Resident Care

Laura Gaston

Business Office

Lynn Walsh

Recreation & Engagement

Michael Vyent

Dining Services

Luke Johnson

Maintenance

Rich Belotti

Community Relations & Admissions

Lauren Carpenter
&

Patti Karwatowski



From: Albert



Tips from the Alzheimer's association



Resident of the Month – Gloria W.

Gloria was born in Buffalo on September 18, 1947 to Paul and Jennie Centore. Her father had come to the United States with his family in 1923 at the age of 13 from Pietramelara (near Naples), Italy. He met Jennie (really Vincencia but the teachers had a hard time pronouncing her name so they started calling her Jennie) when hired to paint her parents' house in Brooklyn, NY. After they married in 1936, they moved to Buffalo where Gloria was raised the fourth of five children, one brother (Floyd) and three sisters (Patricia, Jeanne, and Angela); Gloria grew up in a large and loving family. She graduated from Cardinal O'Hara High School in 1965 and received her Bachelor of Arts degree from SUNY Buffalo in 1970. During college and for a few years after she worked at the Buffalo Museum of Science as a teacher in the Summer Scientific Education Program and then Bursar's Assistant. From stories Gloria would recount to family, she really enjoyed her time there. Gloria married in 1970 and had 4 children. Marie was born in 1973 in Buffalo prior to the family move to the Capital District area, where she has resided since. Elizabeth and John were born in 1975 (twins) and John II was born in 1976. Sadly, the twins were born with multiple complications and did not survive. Gloria loved, raised, and guided her children as well as countless others as the Co-Director then Director of Religious Education at St. Joseph's Catholic Church in Greenfield Center from 1979 to 1987. As a mom, she always had the answers since she was a voracious reader and grammar queen. She could warn you of things that sounded crazy but then have turned out to be proven true time and time again. She was always the loudest clapper at concerts, plays, and school events. She kept a meticulous home where she cooked her mother's Italian recipes. Her backrubs are legendary. Following the annulment of her first marriage in 2001, Gloria fell in love and married the love of her life and angel here on earth, John Weyand at a beautiful ceremony on Keuka Lake on July 4, 2002. They have enjoyed family, friends, travel, countless classical concerts at SPAC, continuing education classes at Skidmore, spoiling their grandchildren, and community service. She was always giving of her time and attention to groups or entities that asked for it or she knew needed it. Gloria has been a life-long volunteer. From Parish Council, Parish Youth Director, Saratoga Hospital Guild, Jail Religious Volunteer, nursing homes, Give-A-Child Christmas type programs, Saratoga Hospital Oncology Volunteer, Mediation Matters, etc.

Resident of the month: Gloria W



she usually was busy doing for others. Something she was and should be very proud of was her role in the development and implementation of the Project Lift program at the Franklin Community Center in Saratoga Springs. It is an after-school prevention program for children in grades 1-6 that has grown and is still in place today throughout the Saratoga Springs School District. Gloria started and led parent groups, gave advice, and always had time to just listen. She has a gift of making people feel comfortable and they would really open up to her. Gloria has four grandchildren – Emma (16), Lauren (15), Kristen (13), and Jack (10). She has instilled her love of learning, nature, music, singing, drawing, reading, and above all kindness in all of them. Gloria has been at Peregrine since August 2018 where she is usually ready to be the giver of a sweet smile and a gentle hug.

We Love you, Gloria!



FAMILY COUNCIL

Getting Your Planning Affairs in Order

Monday- February 10, 2020
5:30pm to 6:30pm in the 50s
Diner

Guest Speaker:
Katy Carpenter, Esq.

As a courtesy to our Peregrine families Attorney Katy Carpenter of Wilcenski & Pleat - Clifton Park, will discuss Getting Your Planning Affairs in Order.

In a round-table casual setting, she will cover basic estate planning documents and concepts, including: Health Care Proxies, Living Wills, Powers of Attorney, Last Wills and Testaments, various Trust arrangements, the probate process as well as Long Term Care Planning and Guardianship.

Also, Ms. Carpenter's open conversation will include options for obtaining legal authority for making medical and financial decisions on behalf of your loved ones once they are here at Peregrine Clifton Park. Interested in attending this informational opportunity? Please RSVP on or before February 1, 2020 to Lauren or Patti. Thank you!

Live Entertainment

2/5/20 @ 2pm Music w/Guytonno
2/6/20 @ 2pm Guitar w/Tim
2/6/20 @2pm Guitar Music w/ Tim
2/12/20 @ 2pm Piano Music w/Cole
2/13/20 @2pm Piano Music w/ Beverly
2/18/2020 @ 2pm Guitar Music w/Jeff
2/21/20 @ 130pm Guitar w/Gary
2/25/20 @10:45a Singing w/seniors Laura C.

Other Events

Catholic mass every Sunday @11am
Episcopal church on the 1st & 3rd Sunday
Methodist church on the 2nd Sunday

Therapy dog visits on Wednesdays

This four legged furry friend visited our lovely Linda recently. Amber came along with Linda's son, John, for a visit that warmed our hearts on a chilly day!

Family time @ Peregrine Clifton Park



Peregrine Senior Living at
Clifton Park
1 Emma Lane
Clifton Park NY 12065



Peregrine Clifton Park Announcements

Postage
Information

It is with a heavy heart that we are announcing the resignation of Lynn Walsh effective as of 02/29/2020 into her long awaited and well deserved days of relaxation. Since Lynn joined Peregrine 7 years ago, she has been a valuable and well respected member of our team. She has grown in her role with us after retiring as a Teaching Assistant with Boces. She came aboard as a parttime Receptionist. She advanced in her role as a Business Office Director and has carried our community swiftly through many large transitions. Her dedication to her career with Peregrine and contribution to its continued growth is immense. Lynn's dedication and love to the residents, staff and families are greatly honored. The patchwork of her heartfelt moments are forever within our walls. We will miss her smile, professionalism, empathy and strength. We respect her decision and wish her all the best.

As much as we will miss Lynn, we are very pleased to announce that Patricia Kane will be transitioning in as our new Business Office Director. She will be joining us fulltime starting 2/3/2020. We are overjoyed with her enthusiasm, experience and the professional compassion that she already shares with us. There is no doubt that Pat will strengthen our community in many valuable ways. She brings a lifetime of experience and stellar work ethics with her to support our home. Please join us in welcoming her aboard.

Please take a moment to "Like" us on Facebook at "Peregrine Senior Living at Clifton Park." We post photos of your loved ones enjoying activities and would love for you to be a part of our Peregrine life via social media!

Automatic Rent Payment:

Rent is due on the 1st of the month. If not paid by the 6th, there is a \$100.00 fee added and then an additional \$10 per day until it is paid in full. To avoid late fees, you can sign up for E-pay by simply filling out a form at the Front Desk!

We are currently taking donations for Bingo prizes. If you have any gently used stuffed animals, new slippers, tissue packs, candy, crossword puzzles, coloring items, or any other small items, please contact Mike.

February Birthdays

The two Zodiac signs associated with February are Aquarius and Pisces. Those born from February 1st to February 18th are members of the Aquarius zodiac signs. Members of the Aquarius can be identified by their unique style and their flowing personalities. For people born February 19th to February 28th/29th, they are born under the influence of the Pisces sign. The Pisces is a dreamer, but luckily their determination can turn far-off dreams to tangible realities.

Residents:

Eva M.—Feb 1
Michelle P.—Feb
Edythe F.—Feb 10
Virginia R.—Feb 15
Judith K.—Feb 27

Staff:

Sandro J.—Feb 1st
Jennifer R.—Feb 3rd
Rita H.—Feb 9th
Debbi H.—Feb 11th
Mike V.—Feb 14th
Nesreen M.—Feb 18th

