

August 2020

# Peregrine Pilgrimage

1 Emma Lane, Clifton Park, NY 12065 • (518) 371 - 2200



## MANAGEMENT TEAM

### Executive Director

Heidi Hayes

### Resident Care

Laura Gaston

### Business Office

Patricia Kane

### Recreation & Engagement

Michael Vyent

### Dining Services

Luke Johnson

### Maintenance

Rich Belotti

### Community Relations & Admissions

Stephanie Walsh

&

Patti Karwatowski

## The New Addition



We are excited at the progress we are making with our addition. Please feel free to drive by and see how we have grown! Although, this area is not able to be utilized, its beautiful! Interior work on the addition is coming along, we are looking forward to the grand opening.

Stay tuned!

Please stay Safe!

## Resident of the Month – Irma G.

Born in 1941, Irma grew up in Rotterdam with her parents and 10 siblings. Irma met her husband, Sonny, while roller skating at Roller Rama in Rotterdam. She skated up to him, grabbed his hand and never let go. Sonny and Irma have been married 56+ years.

After getting married, Irma moved to Clifton Park, and started a family. She has two adoring sons, who she was fiercely protective of. Irma managed the household when the children were young and when they got older, she started working at a local fruit farm sorting apples.

Irma always had a soft spot for children. Her love of children led her to work as Patches the clown, painting faces every summer at the Saratoga fair. Later, Irma started taking care of kids for friends and family. Her four grandchildren lovingly refer to her as MEMA (aka mean mama). Irma loves her children and grandchildren more than anything in the world.

Irma is feisty, fiercely devoted to her family and the love of Sonny's life.



love  
of my  
life

The peregrine staff continue to engage the residents with one-on-one activities during the challenging times of the pandemic. Staff go above and beyond to keep residents actively engaged to help foster a positive and uplifting community, while maintaining a social distance. Thank you for all your hard work and dedication.



## Live Entertainment

*Live Entertainment and Therapy dog visits have been suspended due to Covid-19 pandemic until further notice. We continue to follow the precautionary guidelines of the CDC and other public health organizations to keep our community safe. However, the residents still get to enjoy their favorite entertainers live through zoom or on You-Tube television during activities. Please follow us on our website and Facebook for future updates. Stay safe!!!!!!!*

## Alzheimer's Communication

- |   |   |
|---|---|
| 1. Never <b>Argue.</b><br>Instead <b>Agree.</b>       | 6. Never say "I Told You."<br>Instead <b>Repeat.</b>              |
| 2. Never <b>Reason.</b><br>Instead <b>Divert.</b>     | 7. Never say "You Can't."<br>Instead say what they <b>Can Do.</b> |
| 3. Never <b>Shame.</b><br>Instead <b>Distract.</b>    | 8. Never <b>Demand.</b><br>Instead <b>Ask.</b>                    |
| 4. Never <b>Lecture.</b><br>Instead <b>Reassure.</b>  | 9. Never <b>Condescend.</b><br>Instead <b>Encourage.</b>          |
| 5. Never say "Remember."<br>Instead <b>Reminisce.</b> | 10. Never <b>Force.</b><br>Instead <b>Reinforce.</b>              |

Peregrine Senior Living at  
Clifton Park  
1 Emma Lane  
Clifton Park, NY 12065

Postage  
Information

#### **A Gentle Safety Reminder-**

**All visitation has been suspended at this time during the COVID-19 pandemic. Visitors will be notified when restrictions have been lifted.**

**Please stay safe and thank you for your cooperation.**

#### **Automatic Rent Payment:**

**Rent is due on the 1st of the month. If not paid by the 6th, there is a \$100.00 fee added and then an additional \$10 per day until it is paid in full. To avoid late fees, you can sign up for E-pay by simply filling out a form at the Front Desk!**

**We are currently not accepting any donations for Bingo prizes due to the COVID -19 Pandemic. please contact Mike for more information.**

**Please take a moment to “Like” us on Facebook at “Peregrine Senior Living at Clifton Park” We post photos of your loved ones enjoying activities and would love for you to be a part of all our fun!**

## **August Birthdays**

In astrology, those born between August 1–22 are Lions of Leo. Leos are natural leaders: intelligent, courageous, and bold. Leos’ social natures also make them excellent friends. Those born between August 23–31 are Virgo’s Virgins. Virgos love paying attention to details—not to be picky, but to help others. Their industrious efficiency makes them smart problem-solvers and fact-finders.

#### **Residents:**

**Catherine P.** – Aug. 1<sup>st</sup>

**Jeannie M.**– Aug. 5<sup>th</sup>

#### **Staff:**

**Susan C.**- Aug. 8<sup>th</sup>

**Linda S.** -Aug. 26<sup>th</sup>

**Hailey C** -Aug. 29<sup>th</sup>

